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 Hygienist's guide, Marlborough.
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Williams Dental Practice

Hygienist information

Marlborough

BDA Good Practice
Member



Our hygienists play a fundamental role in oral health care and regular visits to them is the key to achieving really successful preventative dental care.

Meet the hygiene team



Barbara McNie

Barbara first trained as a dental nurse, then developed her skills to become a dental therapist. After qualifying as a dental hygienist at Cardiff in 1989, Barbara moved abroad to work in Saudi Arabia and Dubai. She returned to the UK in 2001 joining the Williams Dental Practice in the same year. Barbara enjoys fine dining and travelling. *GDC no. 3773*



Fiona Bradley

Fiona is originally from Andover and studied at Cardiff where she dual qualified as a hygienist and dental therapist. She lives locally and is a keen runner. *GDC no. 4311*



Valerie Young

Val has worked with the practice since 2005. Before training at Birmingham Dental Hospital, Val worked for BA as part of their cabin crew and then as a medical secretary. She has two children and an active lifestyle that includes walking, skiing and sailing. *GDC no. 2126*



The benefits of hygienist visits

Visits to our hygienists minimise the need for dental treatment. They also ensure confidence that you have a healthy mouth, fresh breath and help put an end to bleeding gums.

Your teeth will be professionally cleaned, leaving you with a mouth that feels healthy and fresh – and you will have the confidence to maintain this between visits.

There are benefits to your general health too. Research shows that untreated, or undiagnosed, gum disease leads to an increased risk of heart disease, strokes and can increase your risk of developing type 2 diabetes.

Our hygienists specialise in the prevention and treatment of gum disease. They will make a full assessment of your gum condition and supporting bone levels and construct a plan to ensure you are able to maintain a high level of oral hygiene at home. This will help you to optimise the day-to-day care of your mouth, helping to maintain healthy gums, and ensure any existing restorations are protected.

We're all different

As part of your continuing oral health, our hygienists will advise you, as an individual, on how frequently you will need to visit them